



Fikrte Zion Arkoh is the founder of Sheba Farms LLC (“Sheba Farms”) and an immigrant success story.

She came to America from Ethiopia, Africa’s oldest independent country, in 2001, and has been in the restaurant business for over 15 years serving vegetarian and vegan dishes to the broader Sacramento community. Along the way, she has created jobs, produced culturally rich showcases for African American music and art, and continues to manage the wildly popular Queen Sheba Restaurant.

Mrs. Arkoh earned a Bachelor of Arts Degree in Information Systems in 1997 while raising a family and running a business. Her next achievement will earn her a Master’s Degree in Agriculture. She brings to Sheba Farms her background and experience in finance and marketing and the wisdom gained from serial entrepreneurship to make it successful.

Mrs. Arkoh has assembled a team of farmers with landholdings suitable for the crops she envisions producing, as well as agronomists, educators, government agencies, legal and business consultants.

She formed Sheba Farms to acquire interests in land for growing organic crops for the United States market that are wholesome, nutritious, gluten-free, and high in protein. Sheba Farms also will be used to train farmers in America to grow the highest quality/highest yield crops for local sales, import and export purposes, and for research on crop production and yield improvements. Teff, an ancient super-grain that originated in Ethiopia, will be the primary grain produced. It will be harvested and packaged for sale to premium markets as gluten-free flour, pastas and other products.

Mrs. Arkoh will ensure the success of Sheba Farms by also producing premium quality organic vegetables, fruits and grains; promoting healthy eating habits; educating communities about nutrition and health outcomes; offering delivery services to homes; and involving schools in hands-on learning opportunities.

Sheba Farms will be promoted with produce distributors, restaurants, farmer’s markets, supermarkets, home delivery services, caterers, and other types of businesses.

Under Mrs. Arkoh’s direction, the Sheba Farms team is already working closely with agricultural agencies, nonprofit organizations and private investors to get the necessary funding, training, housing, equipment, and other inputs to fulfill the vision and goals that will make Sheba Farms a success.